### CSME Summer Camp 2025

## CAMPER Packing Guicle

## SPF 30

#### CLOTHING

- Bottoms enough for 5 days. No leggings as pants, spandex/biker shorts, short shorts, or shorts with any tears or rips.
- **Tops** enough for 5 days. No inappropriate logos/wording, tank tops with thin straps, see-through shirts, halter tops, cropped tops, or mesh tops.
- O **Liturgy Attire -** dress/skirt hems should be near knee or lower & shoulders covered. No jeans or shorts during Liturgy.
- O **Swimwear** Girls: One-piece swimsuits, tankinis, or swim shorts that cover the midriff. Boys: Swim trunks that fit well at the waist
- O Close-toed tennis shoes with backs- Closed-toed shoes only while at camp except in bathhouse
- O Flip flops for bathhouse only
- O Socks plan on two pairs of socks per day you will need them!
- O **Underwear** enough for 5 days. Campers shower each night while at camp

#### TOILETRIES

- Sunscreen
- O Deodorant
- Shampoo and Conditioner
- O Body wash/soap
- O Hairbrush/comb
- O Toothbrush and toothpaste
- O Bug spray
- O Chapstick
- O Lotion
- O Face wash
- Feminine products

#### BEDDING/TOWELS

- Pillow
- Sleeping bag/blankets
- Twin bed sheets
- 2 towels
- Washcloth

#### OTHER ESSENTIALS

- O Reusable water bottle. A MUST!
- O Flashlight
- Laundry bag for dirty clothing
- O Small backpack
- O Hat/headscarf
- All medications see note below

#### CABIN NECESSITIES

- A small icon
- Bible
- Prayer rope
- O Small prayer book if you have one
- O Notebook/journal with pen



**Note:** all medications must have the original pharmacy label, with your name and dosage instructions clearly marked. These will be turned in to the Medical Director at registration as no medication of any kind, either overthe-counter or prescription, is allowed in cabins. The exception is for those that require an asthma inhaler, or epipen for severe allergies. See Parent Handbook for more details.

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#### WHATNOT TO BRING TO CAMP:

- **Money:** we have no camp store and CSME is not responsible for replacing any lost money.
- **Cell phones:** Cell phones are prohibited at camp. For those campers who use their phones for traveling, phones will be collected upon check-in on Sunday and stored until departure time on Thursday. CSME is not responsible for any lost or damaged cell phones or for any clergy or staff selfies discovered in photo library upon return of phone.
- Snacks: (unless your camper has a dietary issue where we ask you to provide eight, individual, pre-packaged snacks labeled with their name). All snacks/goodies will be confiscated and returned upon departure. CSME makes no guarantees as to the safe return of chocolate, cookies, candy, and/or kettle chips of any variety except sea salt and vinegar. CSME guarantees the return of all confiscated healthy snacks.
- **Electronics:** CSME does not allow electronics at camp and is not responsible for the loss or damage of any electronics brought to camp. Please see Camp Rule #19
- Jewelry or expensive clothing
- All tobacco and vaping products
- Alcohol, illegal drugs and paraphernalia
- **Dangerous implements,** weapons (including, but not limited to: knives, axes, fireworks)
- Any illegal substances
- Personal sports equipment: there will be plenty at camp!
- Animals and pets of any kind: any animal brought to camp will either be held in the camp office or in an animal habitat most suitable to its species and returned upon departure. Cute animals will be renamed and kept indefinitely.